Let us always remember

the consequences of the words that we speak. Those who hear the things we say









They are either deified or defiled.

We easily forget what we say, but others do not. Our words stick on them like viruses.

Our speech ought to be seasoned with salt so that it edifices and builds up our listeners, even if they are merely eavesdropping.





Rev. Conrad Mbewe, pastor Kabwata Baptist Church in Lusaka, Zambia